



MURIEL A. HOWARD

HONORS PROGRAM

Official Newsletter

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DAY IN THE LIFE OF AN HONORS STUDENT: WYNNI & CHELSEA

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HONORS ENTREPRENEURS RECEIVE LOCAL AWARDS



PLUS HONORS, REGISTRATION TIPS, FRESH CHECK DAY PHOTOS, CAMPUS ORG HIGHLIGHTS AND MORE!

A DAY IN THE LIFE OF AN HONORS STUDENT



**WYNNI
BENSON**

JUNIOR

COMMUTER

HONORS LEADER

**SPEECH LANGUAGE
PATHOLOGY +
PHILOSOPHY MAJOR**

WALK US THROUGH YOUR TYPICAL DAY!

7:00 am – Wake up, read a book, then prepare for the day
8:45 am – Get to campus with my sister
9:00 am – Study with friends
10:00 am – First class: Philosophy of Emotion with Dr. Duffy
11:00 am – Service Learning for EXE 245 with the College Based Transition Program
12:00 pm – Second class: Chemistry and Society with Dr. Herter
1:00 pm – Break and lunch in either library or Honors Hub
2:00 pm – Studying in Honors Hub or library or club meeting
4:30 pm – Last class: Communication Disorders I with Professor Marinaccio
6:00 pm – Return home for dinner with family
7:00 pm – De-stress at home by hanging out with family
7:30 pm – Finish up homework and studying
9:00 pm – Catch up on reading or current show
10:30/11 pm – Go to sleep

INVOLVEMENT: Secretary of NSSLHA, the National Student Speech Language Hearing Association. I was the Student Commentator for Dr. Blessing's paper on Little Women: Death or Marriage and The Meaning of Life.

ADVICE FOR COMMUTERS: Get involved as much as you can! Bengal Pause is a great way to explore the various events and clubs on campus. You can meet new people that you may have never met if you didn't go. I would encourage utilizing the Honors Hub to study and hang out with friends.

FUN FACTS: I love reading; fantasy and sci-fi are my favorites. I also love a good Jane Austen book! I work in a coffee shop. I am learning to speak Italian!

FAVORITE SCHOOL DAY LUNCH: Subway or sushi!



**CHELSEA
DALEY**

SOPHOMORE

RESIDENT

**HONORS
WORK STUDY**

**SPEECH LANGUAGE
PATHOLOGY**

WALK US THROUGH YOUR TYPICAL DAY!

7:45 am – Wake up and get ready for the day
8:30 am – Breakfast with my friends in Bengal Kitchen
9:00 am – First class: Educational Psychology with Dr. Scheira
10:00 am – Work at the Copy Center
12:00 pm – Lunch with friends in Bengal Kitchen
1:00 pm – Second class: Philosophy of Yoga with Dr. Duffy
2:00 pm – Honors Work Study
5:00 pm – Gym with friends
6:30 pm – Dinner time in Bengal Kitchen
7:30 pm – Studying in Bishop Lounge
10:00 pm – Getting ready for bed
12:00 am – Sleeping

INVOLVEMENT: I am involved in the National Black Association for Speech Language and Hearing as a member.

HOW DO YOU STAY ORGANIZED?: I stay organized by using my planner and writing down everything I have to do for the day. This helps me remember what I have to do and it's satisfying crossing off things I've done.

ADVICE FOR ON-CAMPUS RESIDENTS: Go to all the events that are happening and don't stay locked up in your room. You have the opportunities to meet so many wonderful people.

FAVORITE CLASS: My Educational Psychology class because it's discussion based and less of a lecture. This class allows us to be more interactive with the material and each other.

FAVORITE SCHOOL DAY LUNCH: When they have brisket, cornbread and mashed potatoes.

MOST UNDERRATED SPACE ON-CAMPUS: The basement in Upton has a very nice lounge with comfy chairs.

WHERE IN THE WORLD WOULD YOU TRAVEL?: Paris just because I've been interested in the Eiffel Tower since I was a kid.

TWO HONORS STUDENTS RECEIVE EMPOWER716 YOUNG ENTREPRENEURS OF COLOR AWARD

The Empower716 Young Entrepreneurs Recognition Program is holding its first annual Young Entrepreneurs Award Gala on March 23rd, and TWO of the twelve award recipients are current Honors students! All honorees are 21 years old and under with business startups in Western New York ranging from fashion to entertainment to tutoring and more. Each honoree will get a stipend to support the improvement and expansion of their business ventures.

STEPHEN FORMAN JR. | INSTAGRAM: @PAULIE_DA_ARTIST

Stephen Forman Jr., AKA **Paulie!** is a freelance visual artist with a focus on drawing and illustrating. Off-campus, you can find him producing stunning caricatures at Canalside and Six Flags Darien Lake. "Illustration is my passion! I love the act of storytelling and I hope to include more black and brown faces in stories. My faith in Christ is also a big motivation that I'd like to integrate in my work as well."



MADISON BRYANT-WAGSTAFF | INSTAGRAM: @MADISONSFABCREATIONS



Madison Bryant-Wagstaff is the Founder and Chief Executive Officer of **Madison's Fabulous Creations**, a business primarily engaged in manufacturing costume jewelry with the use of costume pearls. She has been in business officially for nearly 6 years, however she has been creating jewelry since 2009 with the support and inspiration of her grandmother. Prior to enrolling at Buffalo State as a college student, Madison had already been involved on campus for years in the Small Business Development Center's KidBiz program. This program enabled Madison and other entrepreneurial youth to sell their products behind the local Farmer's Market and gain valuable business experience at an earlier age. Recently, Madison obtained her LLC, The MFC Collective LLC, and will have Madison's Fabulous Creations (MFC) along with her other businesses as an assumed name under it.



In 2022, Madison's jewelry was part of the 1st place Runway collection! She was also awarded the inaugural Black Fashion Scholarship at the event.



HONORING HONORS — CREATING CHANGE —

ON MARCH 17TH, WE HELD OUR ANNUAL HONORING HONORS SENIOR RECOGNITION EVENT! THE EVENING INCLUDED A BINGO ICEBREAKER ACTIVITY, A DELICIOUS THEMED DINNER BY CHARTWELLS, AND PLENTY OF SPECIAL MOMENTS FOR OUR GRADUATING SENIORS. WE HEARD INSPIRING SPEECHES BY PRESIDENT CONWAY-TURNER, H² GUEST SPEAKER LILLIAN GONDREE, AND HONORS SENIORS LIZZIE EVANS, ALEX DUTKIEWICZ, EMILY ERSING, AND TALIA PEELER. THE PROGRAM CONCLUDED WITH PICTURES AT THE PHOTOBOOTH, HONORS SWAG GIVEAWAYS, AND OUR 2023 T-SHIRT REVEAL. THANK YOU TO EVERYONE WHO ATTENDED AND WHO CONTRIBUTED TO THIS AMAZING EVENT!







In Recognition Of
Elizabeth A. Stevens
 Amazing Academic Adviser
 HONORS PROGRAM 2023
 BUFFALO STATE UNIVERSITY



H² STAFF RECOGNITION AWARD: **MS. STEVENS**

During our annual Honoring Honors event on March 17th, we recognized our amazing Honors Adviser, Ms. Elizabeth Stevens, for all her outstanding work and dedication to Honors students. She makes time for her advisees and ensures that everyone is successful both in and out of the classroom. Congratulations!



SEE OUR FALL 2023 HONORS COURSES!



REGISTRATION TIPS FROM MS. STEVENS:

- All Honors students may register for Summer and Fall courses beginning Wednesday, April 5th at 6:00AM.
- HON444 Senior Seminar is a one credit class for seniors only. Keep this in mind when registering to maintain full-time student status (minimum 12 credits).
- Students must earn 120 credits to graduate, even if it appears you have finished your requirements. Use the Degree Works checklists to track your requirements.
- Follow the academic roadmap for your major! You can jump around but try to stay close. Every department has one on their website or Ms. Stevens can provide you with one.
- Do not take an online class just because it is online, make sure the class is needed for your degree.
- Remember that most Honors courses fulfill intellectual foundations requirements so they "double dip."
- If you pass/fail an Honors seminar course, it will not count towards your Honors requirements.
- You can retract a pass/fail request! Professors do not grade differently when you request pass/fail, so if you wind up performing well in the class, consider taking the letter grade! To do so, email audit@buffalostate.edu with your full name, banner ID, course title and CRN.
- Appointments with Ms. Stevens of any type should be scheduled through Bengal Success Portal. She is available virtually during spring break!

HONORS HOSTS ART THERAPY BOOTH FOR FRESH CHECK DAY

On Monday, February 27th, Buffalo State's Weigel Health Promotion sponsored a mental health & wellness event in the Student Union known as "Fresh Check Day". This signature program of the Jordan Portco Foundation featured a variety of interactive booths, education sessions, free massages, refreshments, giveaways, and more. The Honors Program hosted an art therapy booth as a way for members of the campus community to de-stress and draw what was on their minds. And who doesn't love a little coloring break?

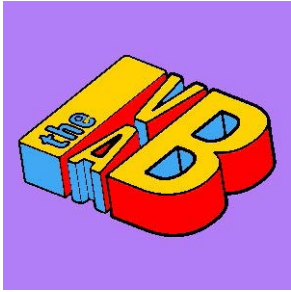


COME VISIT THE HONORS SUITE IN SOUTH WING 3RD FLOOR TO ADD TO OUR MURAL!

CAMPUS ORG HIGHLIGHTS

CHECK OUT THESE AWESOME ORGANIZATIONS!

ALL INCLUDE ACTIVE HONORS MEMBERS



VISUAL ARTS BOARD (V.A.B.)

A student club of creatives! ALL artists are welcome to join no matter their major. We strive to enrich the community by inviting guest artists/lecturers, hosting event workshops and trips, and showcasing student works at the Dr. Margaret E. Bacon Gallery in Upton Hall.

Instagram: @buffstatevab

Email: vabbuffalo@gmail.com



WOMEN'S RUGBY TEAM - THE BANSHEES

Along with fellowship on and off the field, the team provides women with the opportunity to play rugby and learn the rules and skills of the game. League games are scheduled in the fall while tournaments take place in the spring semester. "Rugby is where I found my family. Rugby is a place where I can be myself without judgement." Franchesca Ovalle '24

Instagram: @buffalostaterugby

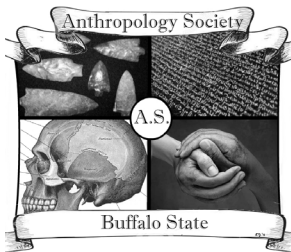
Email: buffstaterugby@gmail.com



CASTING HALL PRODUCTIONS

Buffalo State's student operated and funded theater production company and co-producer for the theater department's season. Casting Hall provides students with the opportunity to get practical experience in all aspects of the production. This includes publicity, costume and set construction, technical staffing, production management and budget management. Auditions for their fall production of On the Verge take place April 3rd and 4th!

Instagram: @castinghallproductions



ANTHROPOLOGY SOCIETY

This group promotes knowledge and understanding concerning archaeology, cultural anthropology, physical anthropology, & linguistic anthropology. Frequent events, activities, field trips, and guest speakers. Open to ALL majors, with meetings take place during Bengal Pause in BUCK A115A.

Instagram: @buffstate_anthrosociety



UNITED STUDENTS GOVERNMENT (U.S.G.)

USG represents the interests, needs, and wants of the students at Buffalo State, while maintaining active participation in the community. The organization has a body of elected student senators. Senators are voting members of the legislature who help connect with, commit to, and work for the students, as they experience their time here at Buffalo State. USG organizes frequent activities & events paid for with the mandatory student activity fee.

Instagram: @buffstateusg



honors.buffalostate.edu



Buffalo State Honors Program



@buffstatehonors