



MURIEL A. HOWARD

HONORS PROGRAM

Official Newsletter

Pg. 2

PROFESSIONAL CONNECTIONS
M&T and Horizon Health Mentoring

Pg. 3

ALUMNI SPOTLIGHT

CONGRATULATIONS TO OUR

2022 HONORS FALL GRADUATES

Pg. 4-5



HONORS ARTIST SHOWCASE

Pg. 6

BABEL AUTHOR TALK:
OMAR EL AKKAD **Pg. 7**



Pg. 8

HONORS T-SHIRT CONTEST
see back for more details.



"THE DEVIL WEARS A PATRIOTS UNIFORM"

MENTORING PROGRAMS

GUIDANCE TOWARDS SUCCESS

Did you know?!
 Honors offers mentoring opportunities to students!



This year, Honors Students were offered two different mentoring programs. Students were offered mentoring opportunities through **M&T Bank** and **Horizon Health Services**.

The M&T Mentoring Program started as a virtual program in 2020 with 15 mentor/mentee matches. The mentees all came from the Honors Program at Buffalo State that first year and mentors came from the M&T Legal Division across four states. This year the program consists of 24 mentor/mentee pairs. The mentees come from across campus and mentors represent Banking Services as well as the Legal Division at M&T. The 2022-23 program kicked off with an in-person lunch where mentors and mentees connected and got to hear from M&T Mentoring Program alumna Oneika Webb. Through the academic year, mentees will meet with their mentor about once a month until May to discuss issues that might range from stress management and study tips to professional development and workplace expectations.

Honors student mentees: Emily Ersing, Kiara Haynes, Christopher Jackson, Caleb Kruzicki, Fatima Lazhar, & Fasika Zewdie.



The Horizon Health Services Mentoring Program started in 2021 and continues this year with eight mentor/mentee pairs that will meet about an hour a month virtually or in-person. This program is similar to the M&T program but also focuses on careers at Horizon. Students have the opportunity to visit and tour Terrace House, which provides residential medically supervised substance use withdrawal services, during their mentorship. The program this year includes mentors from a number of different job areas at Horizon Health including clinical supervisor; counselor; outpatient, care, and program directors; finance; and quality improvement specialists.

Both programs will conclude in May 2023 with a final event for mentors and mentees to come together and share their experiences. We can't wait to see how our students grow professionally this year and form strong relationships with their mentors!

Honors student mentees: Tyler Chen, Christopher Jackson, Mary Schmitz, Kelis Swain, & Sonia Swann.

NOVEMBER STORM 2022

Exactly a week before the Thanksgiving holiday, Erie County experienced a RECORD-BREAKING storm.

The Southtowns recorded over 6 ½ feet of snow, meanwhile, the city of Buffalo only reported 1 ½ feet. This goes to show how the winter weather in Buffalo can vary within just a few miles.

The lake-effect snow band led to travel bans in nearly all the cities of Erie County; with some cities being under restrictions for over three days. The Southtowns continued to dig out a week after the storm hit, which led to many classes being canceled or held virtually the following Monday and Tuesday.

As this is just the start of the winter season in Buffalo, we remind you to review Buffalo State's Winter Weather Attendance Reminders.



Check out how much snow these Honors students received!



ALUMNI SPOTLIGHT

Ever wonder where our Honors Students head off to after graduating?

We caught up with 2020 Honors graduate, Oneika Webb, to see what her life has been like since graduating.

Oneika graduated SUMMA CUM LAUDE from SUNY Buffalo State College with a Bachelor's in Computer Information Systems, and a minor in Creative Studies Leadership 2020.

After graduating, Webb joined the M&T Bank in March 2021, the prestigious Management Development Program (MDP - A year-long training program that focuses on personal and professional development). While she was an MDP she worked in the Contact Center on the Analytics team.

Following graduation from the Management Development Program in June 2022, Webb became a Business Analytics and Reporting Analyst II in the Contact Center, where she attained a variety of knowledge and experience. Webb knew she wanted to grow in her career, so she began researching, networking, shadowing and later deciding to make a lateral move within M&T. She accepted a position as a Financial Analyst I on the Financial Planning and Analysis - Profitability team in the Finance Department in September 2022. Outside of her role, she is a protégé in the 2022 - 2024 Equity One Program (EquityOne is an enterprise-wide campaign that consists of awareness, education, and action in support of racial equity) at the bank. Webb also currently volunteers at a local high school in Buffalo as a Teaching Assistant to juniors and seniors for AP Computer Science.



Q&A WITH ONEIKA WEBB

Honors:

How did being a part of the Honors Program help you?

Webb:

Being a part of the Honors Program gave me a sense of community and belonging. I had a rough semester my freshman year when I started and being a part of the Honors Program (going to events, meeting other individuals in the program and having someone that I can meet/speak to in the department) played a role in the decisions I made going forward. It allowed me to learn more about myself and what I want to achieve as well as being more active on campus.

Honors:

What advice would you give current Honors students?

Webb:

My advice to your current students would be:

- Take advantage of the different opportunities on campus, join orgs and use the different resources such as the career development center etc.
- Take note of the things you like and dislike as it will give you a better understanding of yourself and what you're really good at.
- Try not to be too hard on yourself to have your entire life figured out, it takes time....



KEEP IN TOUCH HONORS ALUM! Please update us on how you're doing! Scan the QR code & fill out the survey to get a chance to be featured in our newsletter.

CONGRATULATIONS

As the semester comes to a close, there are some students who will be saying “Goodbye” to us at the end of the month. We are sad to see them leave us, however, we are excited to send them off onto this new chapter in their lives.

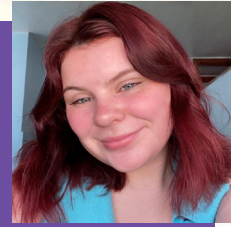


ALLI BAUMGART

MAJOR: TELEVISION AND FILM ARTS

MINOR: WRITING

“My favorite Honors memory is the fall BBQ!”



JESSICA EVANS

MAJOR: PSYCHOLOGY

“Prioritize your mental health while you are in college. It is so important to take care of yourself in order to be successful!”

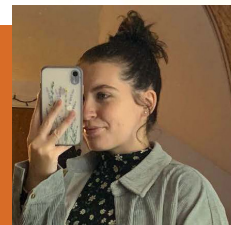


KIARA HAYNES

MAJOR: CRIMINAL JUSTICE

MINOR: LEGAL STUDIES

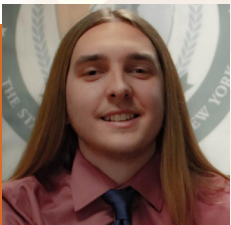
“Enjoy every part of the college experience. Make the most out of what Buffalo State has to offer because these four years go by in a flash!”



TAYLOR FAREWELL-PANZICA

MAJOR: HISTORY

“If I could have done anything differently, it would have been to get a bit more involved.”

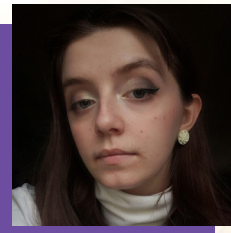


THOMAS TEDESCO

MAJOR: JOURNALISM

MINOR: DIGITAL MUSIC PRODUCTION

“Interact & network with as many people as you’re able to on campus & in the community.”



LINDSEY ROTH

MAJOR: MUSIC

MINOR: DIGITAL MUSIC PRODUCTION

“Try new things, even if they are out of your comfort zone. You never know what’s out there if you don’t take a chance.”

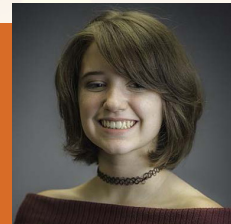


ALEXIS WILLIAMS

MAJOR: HOSPITALITY & TOURISM

CONCENTRATION: HOTEL & RESTAURANT MANAGEMENT

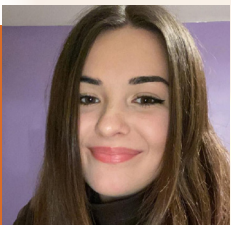
“The sense of community in the Honors program & the Hospitality department are so inspiring, everyone is so helpful and kind!”



CRYSTAL PLOURDE

MAJOR: ART & DESIGN

“Make sure to be kind to yourself & take breaks. College is tough & overwhelming. It’s easy to overwork yourself & burn out, especially for honors students.”



MEGAN SHEEHAN

MAJOR: INDIVIDUALIZED STUDIES;
HEALTH SCIENCE

“No one knows what they’re doing; just fake it till you make it”



ALICIA STARK

MAJOR: PUBLIC RELATIONS
& ADVERTISING

MINOR: SPANISH

“My favorite memory: Honors 101 freshmen year, & having the chance to connect with Honors Faculty & have a safe place on campus.”

FALL 2022 GRADUATES

TIA JAYNES

MAJOR: ELEMENTARY EDUCATION

JESSICA WIER

MAJOR: ENGLISH EDUCATION

ALEXANDER MINNEY

MAJOR: MUSIC EDUCATION

MINOR: LEGAL STUDIES

MADLINE CROSBY

MAJOR: WOMEN & GENDER STUDIES;
ENGLISH

MINOR: PHILOSOPHY

KLIHTOO PAW

MAJOR: EARLY CHILDHOOD &
CHILDHOOD EDUCATION

ANNA DANO

MAJOR: BIOLOGY

MINOR: CHEMISTRY

OLIVIA FISHER

MAJOR: ELEMENTARY EDUCATION

SAGE ENDERTON

MAJOR: WRITING

ELISE MILLER

MAJOR: EARLY CHILDHOOD
EDUCATION

MAIMOUNA SAMBA

MAJOR: INTERNATIONAL
RELATIONS

MINOR: LEGAL STUDIES

JACOB CURR

MAJOR: MARKETING

MINOR: HISTORY

BRIANNA REILLY

MAJOR: CHILDHOOD EDUCATION

INDIA QUICK

MAJOR: EARLY CHILDHOOD
EDUCATION

ALEXANDER MINNEY

MAJOR: MUSIC EDUCATION

MINOR: LEGAL STUDIES

KAITLIN FIELD

MAJOR: INDIVIDUALIZED STUDIES

CONCENTRATION: MUSIC &
LIBERAL ARTS

BRANDON DILLON

MAJOR: MEDIA PRODUCTION;
TELEVISION & FILM ARTS

From everyone in the Honors Program, we wish you all the best in your future endeavors & we can't wait to see what you accomplish.

You are all destined to do great things!

**SAVE
THE
DATE!**

HONORING

HONORS

FRIDAY, MARCH 17TH 2023! 5:00-7:00PM

HONORS ARTIST SHOWCASE

CHECK OUT ARTWORK MADE BY OUR VERY OWN HONORS STUDENTS:



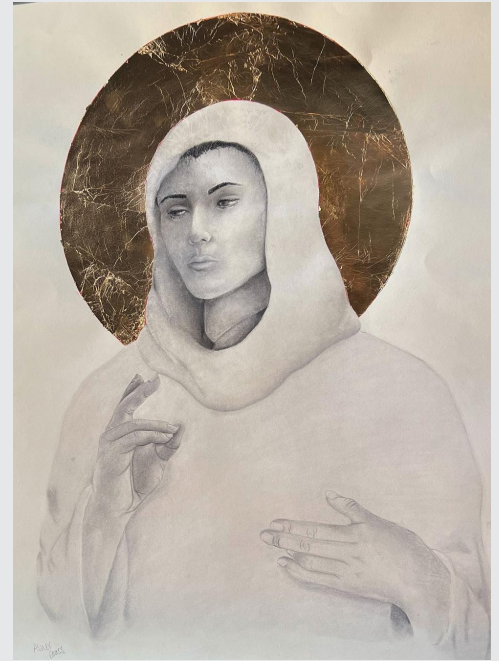
LEEANNE DUTKIEWICZ
Art & Design
2023

Albert's Birthday Celebration: An illustrated poster created for a fictional cow's birthday party. I wanted to emulate what it would look like if the pages from a children's story came to life.



ASHER GLASS
Art & Art History
Chemistry Minor
2025

God is a Woman: It is a commentary on women's roles in religion often being downplayed or erased in narratives. The piece itself is a rendering of a woman in one of the classical poses of Jesus Christ.



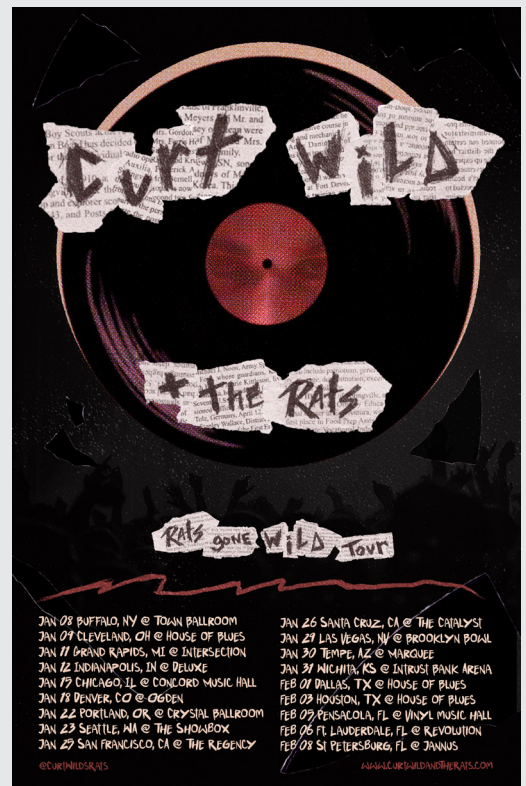
BRIANNA BERNAS
Art & Design
2026

Thinking with the Heart: The switched positions of the heart & the brain show the disconnect from what is rational decision making & what is purely emotion-based in the beginning of the pandemic. The lilies, marigolds, lavender, & other flowers & herbs are commonly seen at funerals or were once used as a means of false protection against the bubonic plague. Pomanders, or dried oranges with cloves in them, were also believed to ward off the plague. Blowflies are some of the first insects to arrive at a decaying corpse. All of these symbols of death serve to represent the constant fear & confusion that was clouding my mind.



SHELBY STISSER
Art & Design
2025

It was a project for my typography class to create a tour poster of any artist, real or fake. I used a fictional band from the movie "Velvet Goldmine" and ended up using a lot of real world elements such as writing the font out, using broken vinyl record pieces in the background, and even made the overlay texture with real paint to give a vintage grain effect and scanned it into the computer, since the film takes place in the 70's and I tried to make it as authentic as possible.





**NATALIE
TOMBAK**
Art & Design
2023

**Creature
Feature:**
A collection
of illustrations
& animations
showing
off creature
designs.



**ROSS
SIMPSON**
Photography
2023

The point of this
image is to look at
the future that we
are headed towards.
A future of neon, a
future of space travel & a future of corporations shoving products down
our throats. With the tensions between east & west growing bigger and as
we approach the verge of a new cold war, the battle between capitalism &
socialism will once again take center stage for this century.



STUDENT SALE

Burchfield Penney Art Center
Reception area - 2nd floor

December 6
10:00-5:00pm

December 7
10:00-4:00pm

JEWELRY ♦ PAINTINGS ♦ CERAMICS ♦ WOODWORK ♦ FASHION ♦ & MORE



BABEL AUTHOR TALK: OMAR EL AKKAD

On November 10, Honors returned to Kleinhans Music Hall for the second BABEL talk of the season. Journalist and bestselling author Omar El Akkad captivated a packed audience with scenes from his youth moving from Egypt to Qatar to Canada and finally to the US. Students in HON111 and HON444 read El Akkad's most recent novel, *What Strange Paradise* (2021), which draws inspiration from the author's experiences growing up in the Middle East and sends readers a stark reality check about the ongoing refugee crisis overseas.

Each year, Just Buffalo Literacy Center invites four contemporary authors to host conversations on their work. The lecture series will continue this Spring with authors Anthony Doerr and Isabel Wilkerson.

CALLING ALL HONORS ARTISTS!

Enter a design for our 2023 t-shirt!

GUIDELINES:

- You must be a current Honors Student
- Submissions must be original artwork
- You must incorporate the following phrases:
 - Muriel A. Howard Honors Program
 - Buffalo State or SUNY Buffalo State
- Entries should be in EPS format (preferred) or high quality JPG or PNG for printing
- You may submit up to 3 entries

WINNING ENTRANT AWARDED:

- Bragging rights as designer of the official 2023 Honors t-shirt!
- Right to use design in their portfolio



Entries accepted until **February 24th**
Email submissions to honors@buffalostate.edu

Winner to be announced
March 17th at **Honoring Honors**

THE
DEVIL
WEARS A
PATRIOTS
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On December 1st 2022, students got together in the Honors Hub to watch the double feature: *The Devil Wears Prada* & Bills Game. The event was hosted by Honors Leaders, Lizzie Evans & Alex Dutkiewicz.



honors.buffalostate.edu



Buffalo State Honors Program



@buffstatehonors

| South Wing 330 | Monday - Friday 8:30am - 5:00pm | (716) 878-3093